

Sencha greenTEA

Benefits & Nutritional Support

- Antioxidants for stronger immunity
- Contains Chaga, Bacopa & Gotu Kola
- Supports healthy weight loss goals
- Energy boosting
- Provides thermogenic support.
- Supports healthy glucose levels.
- Immune system
- Cardiovascular system
- Promotes healthy gums/teeth
- Skin, hair, and nails
- Gastro-intestinal and liver
- Hypertension (blood pressure)
- Nervous system
- Detoxification
- Brain, memory, & learning
- Supports healthy cell growth
- Boosts metabolic rate
- Supports healthy skin
- Diabetes
- Stress, Anxiety
- Neurological system
- Allergies
- Anti-inflammatory
- Diabetes
- Thyroid
- Telomeres
- Adrenal
- Heart
- Urinary system
- Energy
- Anti-aging
- Antioxidant



Infused with the nutritional support of Chaga, Bacopa and Gotu Kola to create a blissful tea unlike any other! This green tea is loaded with flavor and contains antioxidants that help energize you while working to help your body fight infections and keep you healthy. This flavorful tea can be enjoyed hot or cold and comes with 30 servings in a box. Drinking Sencha Green Tea will not only help support your health, but it will stimulate your taste buds like nothing else.
– The Envy of Green Tea Everywhere!

Fights Free Radicals

Free radicals harm our bodies. They are known to damage our DNA, which can cause cancer and can speed up aging. Sencha green tea has lots of antioxidants and other nutrients, which help fight against these radicals. This means that this tea can reduce the risk of many types of cancers and can lower oxidative stress on the body.

Helps with Weight Loss

Sencha is a great fat burner. The many antioxidants that it has can help burn extra calories. Also, the caffeine in this green tea can boost your metabolism. This will give you more energy throughout the day while burning fat in the background.

Boosts the Immune System

Sencha can give immense support to your immune system. It can prevent infections and viruses from taking over by creating white blood cells, which can also shorten the duration of a cold or a flu that you may have.

Reduces Bad Cholesterol

Studies show that sencha green tea is good for lowering LDL, or bad cholesterol. This is great for lowering blood pressure and preventing heart disease. Anyone who is at risk for any kind of heart problems should give this tea a try.

Boosts Energy

Since this tea has caffeine in it, it will definitely give you a boost of energy. However, sencha tea has an amino acid called theanine, which helps calm your body down. Also, green tea does not have much caffeine in it either. This means that the boost in energy that you get will not be as strong as coffee, but it will be more relaxing and steady.

Sencha green tea has an uplifting and refreshing taste to it. Resulting in a nutty/fruity aftertaste. Sencha is a great tea to try if you haven't already. With all of the benefits it has and its refreshing taste, it can make for a perfect morning drink to start your day right!